



**Free List of Herbal & Natural  
Remedies for  
Your Most Common Ailments**

### Disclaimer

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Ailments-Herbs

Ailment/Uses	Herbs
Acne	Aloe Vera, Basil, Bee Balm, Calendula, Chamomile, Cornflower, Dandelion, Evening Primrose, Feverfew, Geranium, Goldenseal, Green Tea, Hibiscus, Lavender, Lemongrass, Periwinkle, Violet, Yarrow
Age Spots	Aloe Vera, Apple Cider Vinegar, Buttermilk, Honey, Onion, Yogurt
After Shave	Aloe Vera, Sage
Alertness	Ashwagandha, Ginkgo, Ginseng, Gotu Kola, Lemon Balm, Rosemary, Sage, Turmeric
Allergic Reactions	Aloe Vera, Butterbur, Bromelain
Allergies	Evening Primrose, Ginkgo, Goldenrod
Alzheimer's Disease	Broccoli, Ginkgo, Sage
Antiseptic	Bee Balm, Calendula, Cornflower, Eucalyptus, Goldenrod, Grapefruit Seed Extract, Hibiscus, Lavender, Sage, St. John's Wort, Tea Tree Oil, Thyme, Witch Hazel
Anti-Aging	Aloe Vera, Ashwagandha, Broccoli, Ginkgo, Ginseng, Gotu Kola, Green Tea, Hibiscus, Turmeric
Anti-Bacterial	Bee Balm, Clove, Echinacea, Eucalyptus, Garlic, Ginger, Goldenseal, Green Tea, Honey, Lavender, Lemon Balm, Oregano
Antiperspirant	Sage

Ailments-Herbs

Anti-Viral	Aloe Vera, Basil, Dandelion, Echinacea, Elderberries, Fennel, Garlic, Ginger, Ginseng, Green Tea, Lemon Balm, Licorice, Oregano, Peppermint, Rosemary, Sage, St. John's Wort
Anxiety	Ashwagandha, Basil, Bee Balm, Chamomile, Hyssop, Lavender, Lemon Balm, Poppy, Purple Passion Flower, St. John's Wort, Valerian
Aphrodisiac	Fenugreek, Ginkgo, Ginseng, Maca, Pistachio Nuts, Saffron
Appetite Stimulant	Bee Balm, Mint, Lavender, Tarragon, Thyme, Yarrow
Appetite Suppressant	Beans, Cambogia, Coffee, Fennel, Fenugreek, Garcinia, Glucomannan, Green Tea
Aromatherapy	Bee Balm, Angelica, Chamomile, Lavender, Lemongrass
Arterial Disease	Evening Primrose, Garlic, Ginkgo, Goldenrod, Hawthorn
Arthritis	Aloe Vera, Angelica, Boswellia, Broccoli, Cat's Claw, Eucalyptus, Feverfew, Ginger, Goldenrod, Green Tea, Lavender, Mint, St. John's Wort, Thunder God Vine, Turmeric
Asthma	Aloe Vera, Chamomile, Echinacea, Eucalyptus, Evening Primrose, Feverfew, Ginger, Ginkgo, Honey, Licorice Root, Lobelia, Pine, Plantain, Marjoram, Turmeric, Valerian
Astringent	Blackberry Root, Green Tea, Geranium, Witch Hazel, Yarrow
Atherosclerosis	Artichoke Extract, Garlic, Ginkgo, Hawthorn

Ailments-Herbs

Athlete's Foot	Aloe Vera, Calendula, Garlic, Goldenseal, Lavender, Lemongrass, Oregano, Thyme, Turmeric, Vinegar
Attention Deficit Disorder	Brahmi, Ginseng, Gotu Kola, Green Oats, Pine Bark, Valerian
Back Pain	Eucalyptus, Lavender, St. John's Wort
Bed Wetting	Valerian
Bee Stings	Aloe Vera, Bee Balm, Calendula, Dandelion, Lavender, Parsley, Plantain, Savory, Tea Tree Oil
Bladder Infections	Cranberry, Garlic, Goldenrod, Horsetail, Hydrangea, Oregon Grape Root, Parsley, Uva Ursi
Bleeding	Black Tea, Cayenne, Green Tea, Periwinkle, Witch Hazel, Yarrow
Blisters	Aloe Vera, Apple Cider Vinegar, Calendula, Lavender, Plantain
Bloating	Anise, Bee Balm, Caraway, Chamomile Tea, Coriander, Evening, Fennel, Oregano, Peppermint Tea, Primrose, Turmeric, Uva Ursi
Blood Circulation Increase	Bacopa, Black Pepper, Cayenne, Chickweed, Ginger, Ginkgo, Gotu Kola, Hawthorn, Periwinkle
Blood Oxygen Increase	Oregano, Peppermint, Periwinkle, Turmeric
Blood Pressure Lower	Basil, Cardamom, Cat's Claw, Celery Seed, Chervil, Chives, Cinnamon, Flax Seed, Garlic, Ginger, Green Tea, Hawthorn, Onion, Periwinkle, Tomato, Valerian
Blood Purifier	Beetroot, Broccoli, Echinacea, Fresh Fruits, Green Leafy Vegetables, Jaggery, Lemon, Turmeric, Water

Ailments-Herbs

Blood Sugar Normalizer	Aloe Vera, Beans, Bitter Melon, Cinnamon, Fenugreek, Ginseng, Green Tea, Milk Thistle, Plantain, Psyllium
Blood Thinner	Cayenne Pepper, Cinnamon, Garlic, Ginger, Turmeric
Boils	Castor Oil, Epsom Salt, Eucalyptus, Neem Oil, Plantain, Tea Tree Oil, Turmeric
Bowels – Inflammatory Disease	Ashwagandha, Green Tea, Turmeric
Breath Freshener	Anise, Cinnamon, Coriander, Fennel, Lavender, Mint, Parsley
Breast – Increase Mothers Milk	Brewer's Yeast, Cinnamon, Cumin, Dill, Fennel, Fenugreek, Garlic, Ginger, Milk Thistle
Bronchitis	Basil, Borage, Chamomile, Eucalyptus, Hyssop, Lobelia, Myrrh, Oregano, Peppermint, Plantain, Poppy, Rosemary, St. John's Wort, Tea Tree, Thyme, Violet
Bruises	Bay, Borage, Calendula, Caraway, Cornflower, Feverfew, Hydrangea, Hyssop, Lavender, Plantain, Sage, St. John's Wort, Rosemary
Burns	Aloe Vera, Arnica Montana, Calendula, Chamomile, Echinacea, Eucalyptus, Honey, Hydrangea, Lavender, Onion, Plantain, St. John's Wort, Yarrow
Calluses	Dandelion
Canker Sores	Alum Powder, Baking Soda, Goldenseal, Honey, Lavender, Salt Water
Cardiovascular Disease	Ginkgo, Green Tea
Cellulite	Fennel

Ailments-Herbs

Cerebral Vein & Artery Dilator	Periwinkle
Chicken Pox	Calendula, Lantana
Cholesterol Lower	Beans, Evening Primrose, Garlic, Lemongrass, Onion, Tomato
Circulatory Problems	Black Pepper, Cinnamon, Cyrus, Evening Primrose, Lavender, Lemongrass, Rose, Rosemary, Thyme
Cirrhosis	Aloe Vera, Dandelion, Evening Primrose, Milk Thistle
Cold	Angelica, Anise, Bee Balm, Cayenne, Chamomile, Echinacea, Eucalyptus, Feverfew, Garlic, Ginger, Goldenrod, Ground Ivy, Honey, Horehound, Lantana, Lavender, Marjoram, Plantain, Poppy, Radish, Rosemary, Violet, Yarrow
Cold Sores	Aloe Vera, Bee Balm, Echinacea, Green Tea, Hyssop, Lavender, Lemon Balm, Licorice Root, Peppermint, Uva Ursi, Witch Hazel
Colic	Bee Balm, Caraway, Catnip, Chamomile, Dill, Fennel, Garlic, Ground Ivy, Lovage, Mint, Savory, Valerian
Colitis	Aloe Vera
Congestion	Aloe Vera, Angelica, Anise, Bee Balm, Borage, Chamomile, Eucalyptus, Garlic, Ginseng, Goldenseal, Ground Ivy, Horehound, Lobelia, Marjoram, Periwinkle, Plantain, Poppy, Rosemary
Conjunctivitis	Aloe Vera, Chamomile, Goldenrod, Goldenseal, Plantain Leaf

Ailments-Herbs

Constipation	Basil, Chicory, Dandelion, Fennel, Violet
Cough	Angelica, Anise, Bee Balm, Borage, Echinacea, Garlic, Ginger, Ginseng, Honey, Horehound, Lantana, Lobelia, Marjoram, Oregano, Plantain, Poppy, Radish, St. John's Wort, Thyme, Violet
Cuts	Aloe Vera, Bee Balm, Calendula, Coconut Oil, Cornflower, Garlic, Goldenrod, Goldenseal, Green Tea, Hyssop, Lantana, Lemon Balm, Lemongrass, Lavender, Onion, Oxalis, Plantain, Turmeric, Uva Ursi, Yarrow
Cystitis	Cedarwood, Chamomile, Garlic, Green Tea, Ground Ivy, Plantain, Uva Ursi
Dandruff	Aloe Vera, Apple Cider Vinegar, Cedarwood, Mint, Lavender, Rosemary
Delusions	Valerian
Dementia	Ginseng, Ginkgo, Holy Basil, Turmeric
Depression	Basil, Bergamont, Black Pepper, Borage, Chamomile, Clary Sage, Evening Primrose, Jasmine, Juniper, Lavender, Periwinkle, Rosemary, St. John's Wort, Thyme, Valerian
Dermatitis	Aloe Vera, Apple Cider Vinegar, Honey, Periwinkle, Tea Tree Oil
Detoxifier	Aloe Vera, Cilantro, Dandelion, Ground Ivy, Milk Thistle, Plantain, Red Clover, Turmeric
Diaper Rash	Aloe Vera, Baking soda, Calendula, Coconut Oil, Lavender, Plantain



Ailments-Herbs

Diarrhea	Borage, Chamomile, Eucalyptus, Goldenseal, Ground Ivy, Plantain, St. John's Wort, Savory, Thyme, Uva Ursi, Valerian, Yarrow
Diet Aide	Cardamom, Cayenne Pepper, Cinnamon, Cumin, Fennel, Ginger, Rosemary, Turmeric
Digestion	Aloe Vera, Angelica, Anise, Basil, Bee Balm, Bergamot, Black Pepper, Caraway, Catnip, Cayenne, Chamomile, Chervil, Chicory, Cinnamon, Coriander, Dandelion, Dill, Fennel, Feverfew, Geranium, Ginger, Goldenrod, Goldenseal, Green Tea, Ground Ivy, Hyssop, Lantana, Lavender, Lemon Grass, Lovage, Marjoram, Mint, Oregano, Parsley, Peppermint, Radish, Rose, Rosemary, Sage, St. John's Wort, Savory, Thyme, Tansy, Tarragon, Valerian, Yarrow
Dizziness	Apple Cider Vinegar, Almonds, Ginkgo, Ginger, Honey, Marjoram
Diuretic	Black Tea, Chervil, Dandelion, Goldenrod, Green Tea, Ground Ivy, Hawthorn, Horsetail, Juniper, Parsley
Dry Skin	Aloe Vera, Evening Primrose
Earache	Caraway, Garlic, Ginger
E-Coli Bacteria	Green Tea, Thyme, Turmeric
Eczema	Aloe Vera, Bee Balm, Chervil, Goldenrod, Juniper, Periwinkle, Plantain, Rosemary
Emphysema	Eucalyptus, Ginger, Ginseng, Melatonin, Oregano, Peppermint, Plantain, Red Sage, Turmeric

Ailments-Herbs

Epilepsy Symptoms	Burning Bush, Groundsel, Lily of the Valley, Mistletoe, Peony, Valerian
Erectile Dysfunction	Ginseng
Exhaustion	Cinnamon, Goldenrod, Lavender, Valerian
Expectorant	Anise, Chervil, Honey, Horehound, Hyssop, Rosemary, Savory
Eye Inflammation	Aloe Vera, Fennel, Periwinkle
Eye Fatigue	Cornflower, Parsley
Eye Pain	Anise, Cornflower
Eye Wash	Chervil, Chicory, Cornflower, Fennel, Goldenseal, Plantain
Facial Cleanser	Basil, Chamomile, Cinnamon, Calendula, Fennel, Mint, Rose Petals, Thyme, Turmeric, Witch Hazel
Facial Steam	Chamomile, Cornflower, Lavender, Lemon Balm, Peppermint, Rosemary
Fatigue	Dandelion, Goldenrod, Peppermint, Periwinkle, Rosemary, Sage, Sandalwood, St John's Wort, Tarragon, Thyme
Fever Reducer	Bee Balm, Borage, Calendula, Catnip, Cayenne, Chamomile, Echinacea, Elderflowers, Lantana, Lemon Balm, Oxalis, Plantain, Radish, Tansy, White Willow Bark, Yarrow
Flatulence	Angelica, Anise, Basil, Bay, Bee Balm, Caraway, Chamomile, Coriander, Dill, Fennel, Feverfew, Lavender, Lovage, Mint, Oregano, Peppermint Tea, Sage, Savory, Tansy, Turmeric, Yarrow
Flea Repellent	Eucalyptus, Fennel, Peppermint, Rosemary, Tea Tree Oil

Ailments-Herbs

Flu	Black Tea, Calendula, Cloves, Echinacea, Eucalyptus, Feverfew, Garlic, Ginger, Goldenrod, Green Tea, Ground Ivy, Lantana, Plantain, Radish, St. John's Wort, Tarragon, Turmeric
Freckles	Lemon Juice, Onion
Frostbite	Aloe Vera, Cayenne
Frustration	Ylang-Ylang
Fungicide	Aloe Vera, Baking Soda, Garlic, Goldenseal, Lemongrass
Gall Bladder	Apple Cider Vinegar, Dandelion, Lavender, Peppermint Tea, Turmeric
Gall Stones	Apple Cider Vinegar, Dandelion, Lysimachiae Herba, Milk Thistle, Psyllium Husk
Gas	Angelica, Anise, Basil, Bay, Bee Balm, Caraway, Chamomile, Coriander, Dill, Fennel, Feverfew, Lavender, Oregano, Peppermint Tea, Sage, Savory, Tansy, Turmeric, Valerian
Gastritis	Garlic, Plantain
Glands Swollen	Astragalus, Cleavers, Dandelion, Goldenseal, Oregano, Pot Marigold, Purple Cornflower
Gout	Apple Cider Vinegar, Celery Seed, Chervil, Chicory, Dandelion, Fennel, Ginger, Milk Thistle Seed, Nettle Tea, St. John's Wort, Tansy
Hair Conditioner	Burdock Root, Chamomile, Comfrey Leaf, Eucalyptus, Horsetail, Lavender, Marshmallow Root, Oregano, Peppermint, Rosemary, Sage, Thyme, Yarrow

Ailments-Herbs

Hair Coloring	Chamomile, Calendula, Hibiscus, Rosemary, Sage
Hair Highlighter	Calendula, Chamomile
Hair Loss	Lavender, Onion, Rosemary, Sandalwood, Thyme
Hangover	Cayenne, Ginkgo, Milk Thistle, Red Ginseng Tea, Violet
Hay Fever	Anise, Chamomile, Elderflower, Ginger, Green Tea, Marjoram, Peppermint, Plantain
Headache	Basil, Chamomile, Evening Primrose, Lavender, Lovage, Marjoram, Oregano, Peppermint, Periwinkle, Poppy, Rose, Rosemary, Scented Geranium, Thyme, Valerian, Violet
Heart Strength	Cayenne, Cinnamon, Garlic, Ginseng, Onion
Heartburn	Aloe Vera, Apple Cider Vinegar, Bananas, Chamomile, Ginger, Honey, Licorice, Turmeric
Heart Disease Prevention	Broccoli, Cardamom, Carrot, Cayenne, Cinnamon, Curcumin, English Pea, Garlic, Ginger, Green Tea, Tomato
Hemorrhoids	Aloe Vera, Chamomile, Coconut Oil, Goldenrod, Gotu Kola, Ground Ivy, Periwinkle, Plantain, St. John's Wort, Turmeric, Uva Ursi, Yarrow
Hepatitis	Aloe Vera, Artichoke, Astragalus, Chamomile, Dandelion, Green Tea, Milk Thistle
Herpes Sores	Aloe Vera, Bee Balm, Green Tea, Hyssop, Lavender, Manuka Honey, St. John's Wort, Tarragon, Tea Tree Oil, Uva Ursi, Witch Hazel

Ailments-Herbs

Hiccups	Chamomile, Fennel, Peppermint
HIV	Aloe Vera, Green Tea
Hoarseness	Apple Cider Vinegar, Eucalyptus, Honey, Ginger Root, Peppermint, Plantain, Slippery Elm
Hodgkin's Disease	Periwinkle
Hot Flashes	Black Cohosh, Ginseng, Evening Primrose, Kava, Red Clover,
Hyperactivity	Valerian
Hypertension	Chervil, Chives, Garlic, Green Tea, Marjoram, Onion, Periwinkle, Plantain, Tomato, Valerian Yarrow
Hysteria	Chamomile, Ginseng, Lavender, Marjoram, Tansy, Tarragon, Valerian
Immune System Increase	Astragalus, Black Cumin, Garlic, Ginseng, Green Tea, Milk Thistle, Snap Pea
Impotence	Ginkgo, Panax Ginseng,
Indigestion	Aloe Vera, Bay, Bee Balm, Calendula, Caraway, Cayenne, Chamomile, Dandelion, Lantana, Lavender, Savory
Inflammation	Frankincense
Influenza	Cyprus, Pine
Insect Bites & Stings	Aloe Vera, Bee Balm, Clary Sage, Echinacea, Feverfew, Lantana, Lavender, Lemon Balm, Parsley
Insect Repellent	Basil, Bee Balm, Catnip, Citronella, Eucalyptus, Feverfew, Garlic, Lavender, Lemon Balm, Lemongrass, Marigold, Peppermint
Insomnia	Anise, Camphor, Chamomile, Clary Sage, Ginseng, Lavender, Neroli, Poppy, St. John's Wort, Violet

Ailments-Herbs

Irritability	Chamomile, Hops, Lavender, Peppermint, St. John's Wort, Valerian, Evening Primrose
Itching Skin	Aloe Vera, Calendula, Chickweed, Evening Primrose, Garlic, Lavender, Oregano, Peppermint
Jaundice	Chicory, Fennel, Parsley
Joint Pain	Aloe Vera, Boswellia, Cat's Claw, Eucalyptus, Ginger, Green Tea, Lantana, Lavender, Mint, Thunder God Vine, Turmeric
Kidney Infection	Aloe Vera, Geranium, Ground Ivy, Hydrangea, Pine, Uva Ursi
Kidney Stones	Apple Cider Vinegar, Celery Juice, Chervil, Dandelion, Fennel, Goldenrod, Hydrangea, Lemon Juice, Parsley, Plantain, Uva Ursi
Kidney Strengthen	Coriander, Dandelion, Feverfew, Ginseng, Gotu Kola, Ground Ivy, Hydrangea, Lovage, Plantain, Tansy, Uva Ursi, Yarrow
Laryngitis	Apple Cider Vinegar, Cypress, Ginger Root, Goldenrod, Thyme
Laxative	Chamomile, Chicory, Dandelion, Ginger, Plantain, Senna, Violet
Lice	Anis, Cinnamon, Clove, Eucalyptus, Lavender, Neem, Parsley, Tea Tree Oil, Thyme
Lips Cracked	Calendula, Chamomile, Goldenseal, Plantain
Liver Problems	Aloe Vera, Chicory, Dandelion, Geranium, Ginseng, Fennel, Lavender, Yarrow
Lower Back Pain	Ginseng, Kava, Lemongrass, St. John's Wort, Valerian

Ailments-Herbs

Low Blood Pressure	Sage
Lungs Strength	Bergamot, Cedarwood, Ginseng, Green Tea
Lupus	Apple Cider Vinegar, Basil, Coconut Oil, Evening Primrose, Flaxseed, Ginger, Green Tea, Turmeric
Macular Degeneration	Ginkgo
Memory	Basil, Ginkgo, Ginseng, Rosemary
Menopause	Fennel, Periwinkle, Purple Sage
Menstruation Cramps	Chamomile, Evening Primrose, Feverfew, Mint, St. John's Wort, Tarragon, Turmeric, Yarrow
Menstruation Regulate	Evening Primrose, Lemon Balm, Periwinkle, Plantain, St. John's Wort, Uva Ursi
Migraines	Butterbur, Caffeine, Coriander Seed, Feverfew, Ginger, Lavender, Peppermint, Valerian, Willow
Mood Strength	Bee Balm, Ginkgo, Lavender
Mouth Ulcers or Sores	Clove, Lavender, Oxalis, Periwinkle, Sage
Mouthwash	Echinacea, Goldenseal, Lavender, Marjoram, Myrrh, Neem, Oregano, Plantain, Thyme
Multiple Sclerosis Symptoms Relief	Ginkgo, Turmeric, Valerian
Muscle Aches	Eucalyptus, Ginger, Hydrangea, Kava, Lavender, Oregano, St John's Wort, Valerian
Muscle Cramps	Cyprus, Feverfew, Hydrangea, Lavender, Marjoram, Valerian
Muscle Pain	Arnica, Bromelain, Devil's Claw, Eucalyptus, Ginger, Turmeric
Muscle Stiffness	Chamomile, Eucalyptus
Muscle Tone	Lemongrass

Ailments-Herbs

Muscle Weakness	Valerian
Muscular Sclerosis	Chamomile, Dandelion, Ginger, Ginkgo, Evening Primrose, Valerian
Nausea	Bee Balm, Fennel, Ginger, Mint, Sandalwood
Nephritis	Uva Ursi
Nerve Pain	St. John's Wort
Nervousness	Bee Balm, Coriander, Lavender, Valerian
Neuralgia	Clove, Eucalyptus, Lemongrass, Melissa, St. John's Wort
Pain Killer	Capsaicin, Cloves, Feverfew, Ginger, Lavender, Peppermint, Poppy, Rosemary, St. John's Wort
Pancreas Strength	Calendula, Dandelion, Ginseng, Lemons, Licorice Root, Uva Ursi
Panic Attacks	Ashwagandha, Chamomile, Kava, Lavender, Lemon Balm, Valerian
Peripheral Neuropathy	Cayenne Pepper, Evening Primrose, Ginkgo, St. John's Wort, Valerian
Perspiration	Calendula, Chamomile, Sage, Valerian
Pink Eye	Aloe Vera, Chamomile, Goldenrod, Goldenseal, Plantain Leaf
Pleurisy	Chervil, Garlic, Honey, Pleurisy Root Tea, Rosehips, Turmeric, Yarrow
PMS	Evening Primrose, Ginger, Ginkgo, Feverfew, Plantain, St. John's Wort
Pneumonia	Eucalyptus, Ginger, Peppermint, Turmeric
Poison Ivy	Aloe Vera, Plantain
Prostate Enlarged	Evening Primrose, Hydrangea, Saw Palmetto, Uva Ursi



Ailments-Herbs

Psoriasis	Aloe Vera, Apple Cider Vinegar, Capsaicin, Dead Sea Salts, Oats, Oregon Grape, Tea Tree Oil, Turmeric
Psychoactive	Catnip
Rashes	Aloe Vera, Bay, Borage, Calendula, Chamomile, Evening Primrose, Lavender, Oxalis, Savory, Tarragon, Yarrow
Respiratory Distress or Infection	Angelica, Anise, Basil, Benzoin, Borage, Camphor, Chamomile, Clove, Eucalyptus, Frankincense, Hyssop, Garlic, Horehound, Jasmine, Juniper, Lantana, Lemon, Lobelia, Melissa, Pine, Sage, Sandalwood, Tea Tree, Thyme, Marjoram, Radish, Rosemary, Violet
Raynaud's Syndrome	Cayenne, Dong Quai, Ginger, Ginkgo, Ginseng, Hawthorn, Horse Chestnut
Rheumatism/Rheumatoid Arthritis	Aloe Vera, Bay, Boswellia, Cat's Claw, Cayenne, Chicory, Coriander, Evening Primrose, Eucalyptus, Feverfew, Ginger, Goldenrod, Green Tea, Ground Ivy, Lantana, Lavender, Lemongrass, Marjoram, Oregano, Plantain, St. John's Wort, Tansy, Thunder God Vine, Turmeric, Valerian, Violet, Yarrow
Rosacea	Aloe Vera, Ginger, Honey, Turmeric
Scabies	Aloe Vera, Lantana, Neem, Tea Tree, Thyme, Turmeric
Scalds	Aloe Vera, Lavender
Scars	Aloe Vera, Hyssop, Plantain
Sciatica	Lemongrass, St. John's Wort, Valerian

Ailments-Herbs

Scleroderma	Evening Primrose, Gotu Kola, Turmeric
Scrapes	Bee Balm, Calendula, Cornflower, Eucalyptus, Garlic, Goldenseal, Green Tea, Hyssop, Lantana, Lavender, Lemon Balm, Lemongrass, Oxalis, Uva Ursi, Yarrow
Sedative	Bee Balm, Borage, Catnip, Lavender, Lemon Balm, Poppy, Saffron, Valerian
Sex Drive Enhance	Ginkgo, Savory Summer
Sex Drive Reduce	Savory Winter
Shingles	Aloe Vera, Echinacea, Green Tea, Lemon Balm, Oregano, St. John's Wort, Valerian
Shortness of Breath	Ginger, Ginseng
Sinus Clogged	Goldenseal, Ground Ivy
Sinusitis	Chamomile, Ground Ivy, Marjoram, Pine, Plantain
Skin Irritations	Bee Balm, Benzoin, Chamomile, Geranium, Ground Ivy, Lavender, Lovage, Oxalis, Peppermint, Plantain, Rose, Sage
Skin Eruptions	Bay, Borage, Chamomile, Chicory, Clove, Cornflower, Garlic, Juniper, Lantana, Lavender, Myrrh, Savory Summer, Tansy, Tarragon, Violet
Skin Pores Unclog	Lemongrass, Yarrow
Skin Ulcers	Echinacea, Lantana, Lavender, Plantain
Skin Freshener	Chervil, Yarrow
Sleep Aide	Bee Balm, Lavender, Valerian
Sluggishness	Dandelion
Small Intestines Strengthen	Uva Ursi

Ailments-Herbs

Smoke Cessation	Plantain
Snakebite	Lantana, Plantain
Sores	Aloe Vera, Bee Balm, Dandelion, Eucalyptus, Garlic, Goldenrod, Ground Ivy, Horehound, Lavender, Lemon Balm, Oregano, Sage, Thyme, Rosemary, Violet, Yarrow
Sore Throat	Bee Balm, Cayenne, Clary Sage, Echinacea, Eucalyptus, Garlic, Ginger, Goldenrod, Goldenseal, Honey, Hyssop, Lantana, Lemon, Periwinkle, Sage, Savory Summer
Spleen	Dandelion, Ginseng, Uva Ursi
Splinters Draw Out	Plantain
Sprains	Bay, Borage, Cayenne, Hydrangea, Lavender, Lemongrass, Marjoram, Plantain, Tansy
Stamina	Ginkgo, Ginseng
Strep Throat	Garlic
Stomach Ache	Dandelion
Stomach Cramps	Basil, Bee Balm, Calendula, Chamomile, Echinacea, Mint, Tarragon, Valerian, Yarrow
Stomach Ulcers	Aloe Vera, Garlic, Scented Geranium
Stress	Ginseng, Lavender, Rose, Valerian
Stroke Prevent/Reduce Damage	Carrot, English Pea, Green Tea
Sty	Aloe Vera
Sunburn	Aloe Vera, Lavender, St. John's Wort
Swelling	Borage, Cayenne, Chicory, Oregano, Parsley, Plantain
Teething Pain Babies	Chamomile
Tendinitis	Lemongrass

Ailments-Herbs

Tension	Bee Balm, Lavender, Valerian
Thumb Sucking	Valerian
Tinnitus	Ginkgo, Ground Ivy, Periwinkle
Tonic General	Dandelion
Toothache	Cayenne, Garlic, Marjoram, Oregano, Poppy, Tarragon
Tooth Decay	Green Tea
Tranquilizers	Periwinkle
Travel Sickness	Peppermint
Tumors	Periwinkle
Ulcers	Eucalyptus, Garlic, Lantana, Plantain, St. John's Wort, Valerian
Upset Stomach	Aloe Vera, Angelica, Anise, Basil, Caraway, Catnip, Cayenne, Chamomile, Chervil, Chicory, Coriander, Lavender, Marjoram, Mint, Oregano, Parsley, Rosemary, Sage, Savory Summer, Thyme, Tansy, Tarragon
Urinary Problems	Calendula, Echinacea, Hydrangea, Oregano, Uva Ursi
Urinary Tract Infections	Hydrangea, Oxalis, Uva Ursi, Yarrow
Urticaria	Aloe Vera
Uterine Cramps	Valerian
Varicose Veins	St. John's Wort
Vertigo	Ginkgo
Virus Prevention	Garlic, Lemon Balm, Tarragon
Vomiting	Basil, Bee Balm, Chamomile, Mint
Warts	Aloe Vera, Dandelion, Garlic, Onion
Wasp Stings	Lavender, Periwinkle, Savory Summer
Wheezing	Feverfew, Ginseng

Ailments-Herbs

Wounds	Aloe Vera, Bee Balm, Cayenne, Cornflower, Eucalyptus, Garlic, Goldenseal, Green Tea, Horehound, Lavender, Onion, Plantain, Rosemary, Sage, St. John's Wort, Thyme, Yarrow
Wrinkles	Aloe Vera
Yeast Infection	Echinacea, Goldenseal, Uva Ursi